



Reading activity: UNIT 1 “FOOD AND HEALTH”

NAME: \_\_\_\_\_

GRADE: \_\_\_\_\_ DATE: \_\_\_\_\_

- Utilice lápiz de pasta azul o negro para responder.
- Lea comprensivamente antes de responder. Cuando responda debe escribir con letra clara y legible

Kids and their breakfast: Lee, responde y completa!



I have a glass of juice for breakfast. My favourite is apple juice, but we mostly have orange juice, because all the others in my family like orange juice. I have muesli with nuts, milk and honey.

Bernie

Tick off - TRUE or FALSE?

1. Lewis has two cups of hot chocolate.

☐ True  
☐ False

2. Bernie doesn't like apple juice.

☐ True  
☐ False

I always drink hot chocolate in the morning. Sometimes I have three cups of hot chocolate. I eat some toast and baked beans or sausages. I love that.



Lewis

3. Jane eats cornflakes.

☐ True  
☐ False

4. Andy has muesli with tea.

☐ True  
☐ False



Jane

I eat cornflakes for breakfast. With milk and sugar. I love sugar on my cornflakes. Mum says a lot of sugar is not good for my teeth. When she isn't watching I sometimes put lots of sugar on my cornflakes.

5. Betty eats a lot in the morning

☐ True  
☐ False

6. Lewis loves baked beans.

☐ True  
☐ False

I drink tea in the morning, with milk but no sugar. I eat toast with butter and jam. I love strawberry jam. When I have a lot of time, I eat ham and eggs too. I think a good breakfast is important for you.



Andy

7. Jane eats toast with butter

☐ True  
☐ False

8. Betty never drinks milk.

☐ True  
☐ False

9. Andy drinks tea with sugar.

☐ True  
☐ False

10. Betty has bread on Sunday.

☐ True  
☐ False



Betty

I only have a cup of coffee in the morning. I cannot eat anything. My mum says that is not good for me. Only on Sundays I eat rolls with butter and honey and drink two cups of coffee. Then my mum is happy with me. I never drink tea or milk for breakfast.

Fill in the words.



Fill in the missing words.

breakfast - orange juice - cornflakes - coffee - weekend - cup makes - eat - good - time - always - ham and eggs

Mum and dad have ..... toast and ..... for breakfast. I only have a ..... of tea and some ..... . My mum ..... tells me to ..... more, but I don't have more ..... . At the ..... we always have ..... for ..... . Dad ..... them. Mum thinks they are very ..... .

Write about your breakfast!

I always have ..... and ..... for breakfast. I drink ..... . On Sundays I eat have ..... and ..... . I don't like ..... for breakfast. My favourite breakfast is ..... and .....